

About Dr. Sonjia

Dr. Sonjia (Sun-Ji-Yah) Kenya is an ivy-league trained sexologist, medical professor, and the best-selling author of *Sex in South Beach*. After years of fixing sex and intimacy problems among her patients, Dr. Sonjia started focusing on how to make sex better, hoping to help even more people prevent problems before they start. To get good at sex, or anything else, you've got to learn the ropes and Dr. Sonjia knows her stuff, combining science and medical expertise with a fun-loving, free spirited personality. She educates about everything that involves sex, from relationships, to developing better bedroom skills, reproductive health, fetishes, and popular trends in sex behaviors. Smart, multicultural, witty, and bold, Dr. Sonjia offers a fresh take on sex and sensuality. Named "America's Sex Educator", Dr. Sonjia depicts the changing American population bringing her sex talk to the world, straight from Miami Beach – the sexiest city in America!

Dr. Sonjia earned her bachelor's degree from UCLA and two masters degrees, along with her doctorate, from Columbia University in New York (where Dr. Ruth trained!). She helps adults achieve more satisfying sexual relationships in her private practice in South Beach and she conducts sexual health research as a professor at the University of Miami Medical School. Dr. Sonjia also hosts two web series. In the Weekly Sex Update, she provides a light-hearted overview of recent news, scientific breakthroughs, and funny facts dealing with sex. In The Sex Show, she is joined by other sexologists for in-depth, yet playful discussions about everyday sex issues.

In 2012, Dr. Sonjia's book, *Sex in South Beach*, became a top 10 best-seller and was the subject of a nationally televised program on the CW network. In 2013, the Miami-Dade commission for women celebrated Dr. Sonjia as the "outstanding woman in health and human services" and EPIC distinguished *Sex in South Beach* as the best non-fiction book of the year. In 2011, Ford Motor Company named Dr. Sonjia as a freedom sister for South Florida and in 2010, The *Miami Herald* recognized Dr. Sonjia as one of Miami's top 20 leaders under 40 years old.

In 2014, Dr. Sonjia launched a line of all-natural sexual health supplements and an essential oil perfume that stimulates sexual desire. In response to popular demand, she also created the *Sex Sense Kit* which arouses desire by stimulating the 5 senses, and was a concept first popularized in *Sex in South Beach*. Dr. Sonjia lives in South Beach with her husband and son.